

REACH FOR
THE
STARS

POSITIVE OUTCOMES



Can you create a positive outcome regardless of the actions of others and the world? I think most times you can. What compromises a positive end result? Is it your thoughts, beliefs, actions or intentions? Do you need to think on it, pray over it, believe in it, work on it? Or is it all of the above? Do you have to get help, make a plan, follow it, assess your progress? Is making things go well an easy project for you? Or difficult?

Positive 😊
Neutral 😐
Negative ☹️

*"The positive thinker sees the invisible, feels the intangible, and achieves the impossible."
-Unknown*



They say some people are like the "golden child" and things seem to naturally and easily go well for them. Some are like the "black sheep" and they feel like they have a black cloud over all that they do. Some may feel like "Pigpen" from the Peanuts cartoon, who had a dust cloud around him in a halo of poor luck.

Is it what we are born with that matters, or what we do with it? Is it how we view things or is there a way it really is?

Do we perceive that we can make a difference in our own life and those of others? Are we living a life of service to ourselves, family, friends or mankind? Do these things matter to us?

This is where our perception makes all the difference and can push us in a positive direction. When we see ourselves as an integral part of the lives of others, we feel more positive about ourselves and act accordingly.

However, even when acknowledging the way things really are, we can still achieve a positive outcome. We need to come up with a plan and figure out what might be holding us back or standing in our way. Only then can we figure out how to remove the obstacles and continue on our way to realizing a positive outcome. It's the old story, "when life gives you lemons, make lemonade". It is with this attitude that you will never be held back no matter what your reality is.



"You've done it before and you can do it now. See the positive possibilities. Redirect the substantial energy of your frustration and turn it into positive, effective, unstoppable determination."

-Ralph Martson



Tips For Staying Positive

- ◆ **Assess your situation, decide what is workable.**
- ◆ **Create a plan to remove obstacles.**
- ◆ **Learn something from the situation—everything happens for a reason.**
- ◆ **Network with others who have had similar experiences.**
- ◆ **Remember nothing is forever. This will pass.**
- ◆ **Reward yourself for small victories and patience!**



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